

Join us!



Meals on Wheels

Volunteer Open House

Tuesday, July 16th

10:00 am - 11:00 am

117 E. Central Street, Natick

Natick Council on Aging

You can help alleviate hunger and loneliness for your older neighbors!

Visit our Natick staging site to see the program in action as current staff and volunteers pack meals and cars, before getting on the road for the day's deliveries. Program staff and current volunteers will be there to answer questions. Intrigued, but not sure this is the right opportunity for you? Springwell has several different volunteer programs that make a difference. Come learn more. RSVP by email volunteer@springwell.com.

In Just a Few Hours a Week, You Can:

Deliver a nutritious meal
Relieve isolation & hunger
Connect seniors to resources



www.springwell.com * 617-926-4100 * 508-573-7200