



# WINTER/SPRING LIFETIME LEARNING



**CLIMATE CHANGE, WHAT CAN ONE PERSON DO?**  
**TUESDAYS, JAN. 14, 21, 28 FEB. 11 & 18 @ 10:30 - 12:00 PM**  
**SHERBORN TOWN HALL, 2ND FLOOR / COST: \$50**

This course is designed for those who are concerned about climate change and want to do more. They will delve into both science and the roadblocks to change, and how you can take effective action. This course will cover: the science behind climate change, climate modeling to understand the impacts of various solutions, both personal and societal, an understanding of the role that renewable energy sources can play and getting active in addressing climate change.

**Presenter:** Tony and Margie Lee, residents of Wayland, have been climate change educators and advocates for decades. Tony helped develop this course and has taught it more than 30 times. Margie has worked in education as a grassroots educator and volunteer.



**CREATIVE WRITING AND TEA**  
**Session 1: THURSDAYS, JAN. 16, 23, 30 FEB. 6, 13, 20 @ 2:00 - 4:00PM**  
**Session 2: THURSDAYS, MAR. 6, 13, 20, 27 APR. 3, 10 @ 2:00- 4:00PM**  
**SHERBORN TOWN HALL, 2ND FLOOR / COST: \$75 per session.**

This series touches on many genres of writing including fiction, memoir, poetry, journaling and art journaling in a supportive and encouraging way. Optional stress less homework is offered to keep writers engaged between classes. Please join us for a cup of tea and time well spent putting your stories to paper.

**Presenter:** Cindy Stewart has a master’s degree in creative Nonfiction and has enjoyed writing for over forty years.



**CHALLENGES FACING AMERICAN POLITICS: POST ELECTION DISCUSSION**  
**TUESDAYS, MARCH 25, APRIL 1, 8 & 15 @2:00 - 3:30PM**  
**SHERBORN TOWN HALL, 2ND FLOOR / COST: \$40**

**Presenter:** Live from Ohio, Dr. David Smailes will be on Zoom presenting. He is a former Associate Professor in the Political Science Department at Framingham State. Dr. Smailes has a Ph.D. in Political Science and a BA from the College of Wooster in Ohio.



# WINTER/SPRING LIFETIME LEARNING



**CHALLENGES FACING AMERICAN POLITICS: HISTORY SERIES**  
**TUESDAYS, FEB. 25, MARCH 4, 11 & 25 @ 2:00 - 3:00 PM**  
**SHERBORN TOWN HALL, 2ND FLOOR / COST: \$40**

## **The Gilded Age**

Mark Twain and Charles Dudley Warner coined the phrase "Gilded Age" in their 1873 novel *The Gilded Age: A Tale of Today*, which satirized the greed, materialism, and corruption of post-Civil War American society. This talk will explore the last quarter of the 19th century with special attention to parallels with the last quarter of the 20th century.

## **All in the Family**

*A Window into the Turbulent 1970s-* In the 1970's the United States weathered numerous upheavals, such as the loss of the Vietnam war, record inflation, job losses and changing gender and race expectations. *All in the Family* was a groundbreaking sit-com and one of the most successful television shows in history. Unlike its predecessors in the genre, AITF addressed social issues head on, combining humor with incisive social commentary. A look at the show helps us remember that turbulent time and gives us insights into the present.

## **Conspiracy Theories & Why People Believe Them**

Conspiracy theories have been part of history for a long time. A Charlestown minister started one of the first in the 1790s when he claimed that a secret organization called the Bavarian Illuminati was working to undermine Christianity and overthrow the civil government. People believe these theories for a variety of reasons, like wanting to belong to a group of like-minded individuals, or to help them understand complex events. Exploring why people adhere to, and spread, such theories will help us to better understand the current political milieu of the United States.

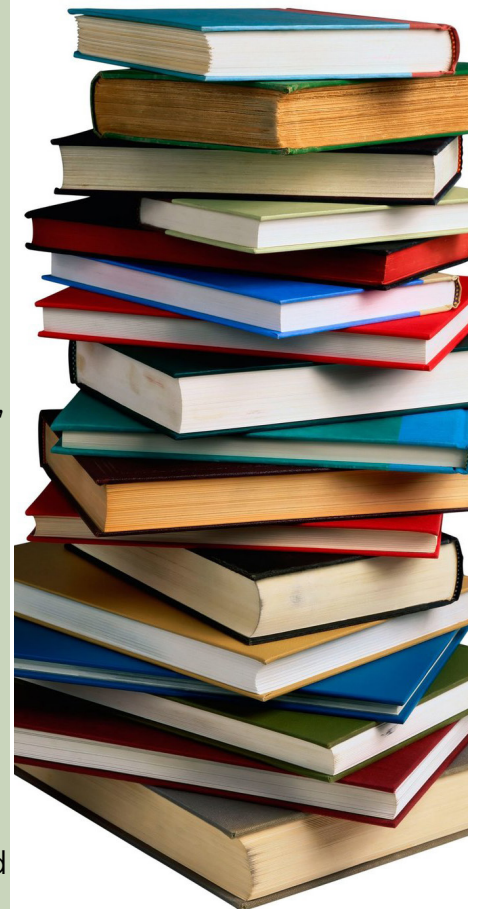
## **Important Women in History**

For many years the study of history has meant examining the lives of men. This talk breaks pattern and explores the lives of four women who shaped their nations and changed the course of history: Queen Elizabeth I of England, First Lady Eleanor Roosevelt, Rep. Edith Nourse Rogers (R-MA), and Dr. Grace Hopper, computer pioneer.

**Presenter:** Jon Huibregtse, Ph.D., is a Professor of History at Framingham State University. Jon is the Faculty Advisor to the History Club, working on a biography of MA Senator David Walsh, and has taught at Framingham State since 1997.

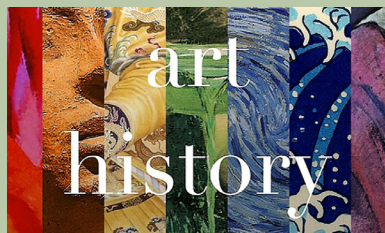
## **LIFETIME LEARNING INFO.**

- Class enrollment is on a first-come, first-serve basis.
- Class locations are subject to change.
- Classes must be paid for prior to the first class.
- No refunds two weeks prior to class and after class begins.
- Scholarships are available for Sherborn residents 60 and over.





# WINTER/SPRING LIFETIME LEARNING



**ART HISTORY: POST IMPRESSIONISM, FAUVISM, CUBISM**  
**MONDAYS, MARCH 10, 17 & 24 @ 10:30 – 11:30AM**  
**LIBRARY TRUSTEES' ROOM/COST: \$30**  
**SHERBORN LIBRARY COMMUNITY ROOM**

Explore three art movements from the late 19th century into the 20th century Modern Art era, focusing on some of the most influential artists in each movement. "What moves men of genius, or rather what inspires their work, is not new ideas, but their obsession with the idea that what has already been said is still not enough." Eugene Delacroix

**Presenter:** Arlene Chaplin, an artist and writer, attended Northeastern University majoring in Medical Technology. She found herself drawn to the Museum of Fine Arts where she viewed paintings which ignited her passion for art. When retired, she rented an art studio in Holliston where she began her next journey and expanded her knowledge of art and art history.



**NATIVE WILDFLOWERS**  
**MONDAYS, MARCH 31 APRIL 7 @ 10:30 AM - 12:00 PM**  
**SHERBORN TOWN HALL, 2 ND FLOOR / COST: \$20**

Many of the wildflowers shown in the program are found in the woods and fields in and around Sherborn.

**Presenter:** Ted Elliman was a Staff Botanist and Invasive Species Program Manager at the Native Plant Trust in Framingham. Now retired, he continues to teach Botany and Ecology classes for the Native Plant Trust, Massachusetts Audubon Society, Berkshire Botanical Garden, and other organizations. Ted has a master's degree from Yale School of Forestry and Environmental Studies.

**POETRY - THE LABYRINTH OF POEMS AND DREAMS**  
**WEDNESDAYS, TBD - MARCH & APRIL @ 10:30 AM - 12:15 PM**  
**SHERBORN LIBRARY TRUSTEES ROOM/COST: \$40**



**Presenter:** Barton Kunstler, Ph.D., has written and studied poetry all his life. He holds an undergraduate degree in English literature and a doctorate in Classical Studies from BU. His poems have been published in various venues and he has run writing and communication programs. He was a full professor and program director at Lesley University's School of Management.

**NEW: LAW AND ORDER: A NEW EDUCATIONAL SERIES**  
**DATES TO BE DETERMINED**



We are thrilled to announce an exciting new 3-week series titled Law and Order, exploring the three branches of our constitutional system of government. Mark your calendars for the end of April through May. Each week will last one hour, followed by a time for Q&A.

**Presenter:** Judge Michael Fabbri, Retired Middlesex County Judge.

# BENEFITS OF LIFELONG LEARNING

No matter what stage of life you're in or how much you already know, the reality is that there's always something new to learn.

Be it a new hobby, a practical skill, or some other form of knowledge, maintaining a growth mindset and going out of your way to learn new things will serve you well in life.

## BENEFITS OF LIFETIME LEARNING

There are various benefits of lifelong learning you and those in your life can begin enjoying when you commit to a permanent growth mindset. These advantages range from professional or career advancement to increased confidence, personal growth, and a greater sense of versatility.

## PRACTICAL HABITS TO FOSTER LIFELONG LEARNING

Wondering how you can pursue a lifetime of learning while balancing the demands of personal and professional life? Here are a few strategies to keep in mind:

- Cultivating a growth mindset. This may mean taking the time to write down a physical list of what you're interested in learning or the skills you'd like to acquire.
- Welcoming new challenges and taking ownership of your future. This means understanding that obstacles will arise and the path to your learning goals may not always be linear.

However, the key is to push on and make progress however you can, even if it's little by little.

## WHAT DOES LIFELONG LEARNING LOOK LIKE IN ACTION

- Learning how to use a new technology
- Exploring a sport or physical activity
- Acquiring a new skill (like cooking or gardening).
- Pursuing self-taught studies (like teaching yourself a new language)
- Pursuing any other newly acquired knowledge as a self-interest (including formal education, lifetime education and online courses).

*Taken from a blog from Johnson & Wales.*

<p><b>Lifetime Learning Registration Form</b></p> <p><b>Please Print</b></p> <p><b>Name:</b> _____</p> <p><b>Address:</b> _____</p> <p><b>City/Town/State:</b> _____</p> <p><b>Phone:</b> _____</p> <p><b>* Email:</b> _____</p>	<p><b>Class List/Fees</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td><input type="checkbox"/> <b>Art History</b></td> <td style="text-align: right;"><b>\$30</b></td> </tr> <tr> <td><input type="checkbox"/> <b>Climate Change</b></td> <td style="text-align: right;"><b>\$50</b></td> </tr> <tr> <td><input type="checkbox"/> <b>Creative Writing</b></td> <td></td> </tr> <tr> <td><input type="checkbox"/> <b>Session 1</b></td> <td style="text-align: right;"><b>\$75</b></td> </tr> <tr> <td><input type="checkbox"/> <b>Session 2</b></td> <td style="text-align: right;"><b>\$75</b></td> </tr> <tr> <td><input type="checkbox"/> <b>History</b></td> <td style="text-align: right;"><b>\$40</b></td> </tr> <tr> <td><input type="checkbox"/> <b>Post Election</b></td> <td style="text-align: right;"><b>\$40</b></td> </tr> <tr> <td><input type="checkbox"/> <b>Wildflowers</b></td> <td style="text-align: right;"><b>\$20</b></td> </tr> <tr> <td><input type="checkbox"/> <b>Poetry</b></td> <td style="text-align: right;"><b>\$40</b></td> </tr> <tr> <td><input type="checkbox"/> <b>Law and Order</b></td> <td style="text-align: right;"><b>\$30</b></td> </tr> <tr> <td><b>Total Enclosed:</b></td> <td style="text-align: right;">_____</td> </tr> </table>	<input type="checkbox"/> <b>Art History</b>	<b>\$30</b>	<input type="checkbox"/> <b>Climate Change</b>	<b>\$50</b>	<input type="checkbox"/> <b>Creative Writing</b>		<input type="checkbox"/> <b>Session 1</b>	<b>\$75</b>	<input type="checkbox"/> <b>Session 2</b>	<b>\$75</b>	<input type="checkbox"/> <b>History</b>	<b>\$40</b>	<input type="checkbox"/> <b>Post Election</b>	<b>\$40</b>	<input type="checkbox"/> <b>Wildflowers</b>	<b>\$20</b>	<input type="checkbox"/> <b>Poetry</b>	<b>\$40</b>	<input type="checkbox"/> <b>Law and Order</b>	<b>\$30</b>	<b>Total Enclosed:</b>	_____
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\* Must be filled out to receive class communication and handouts.

You can mail your registration and payment to the Town Collector, 19 Washington Street, Sherborn, MA 01770 or register online at [sherbornma.org](http://sherbornma.org). Please make checks payable to the Town of Sherborn.